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- **Bliss M.**
- Huntington Beach, CA
- 9/2/2013
- This review is long overdue but Beach Cities is absolutely amazing. I don't think you will find more caring, knowledgeable, and empowering midwives anywhere else. I had my first daughter with a different midwifery practice and wasn't pleased with the level of care I received and knew I would be wanting something different for my future births. The prenatal care and birth of my second daughter in 2012 was exactly what I was looking for with Beach Cities. I saw each midwife equally and would have felt comfortable delivering with any one of them. Appointments were just the right amount of time to not feel rushed and to have any questions answered. My older daughter was always welcome in the office and loved playing with the toys, and getting a sticker and cookies after appointments.

The front office staff is filled with child birth educators and doulas who could answer any question and suggest referrals. I never had any problems with scheduling appointments and didn't have any appointments cancelled/rescheduled. Jeff and Chris, BJ's sons are in financials and know the ins and outs of insurance. If you have a question, they have an answer and are really great to work with. I'm pretty sure my husband would sit and chat their ears off all day if I would let him. The birth center just has this very friendly, upbeat, and tight knit feel to it. Like you're at home.

The birth of my second daughter was quick and easy. BJ was at the birth center waiting as we pounded on the door at 3 am. I'm sure we scared her but by the time we got to the center, our girl wanted out. BJ was quick on her feet, kept calm, and had the tub filled and was ready to go. I'm not even sure if the assistants arrived before the birth or after but BJ did an amazing job and my husband still always talks about how he got to help pull our daughter out. He calls it a life changing moment. thank you! We were also back home about 4 hours later before my older daughter even woke up and noticed we had left, which was really nice.

Five months after our birth at the center, BJ gave us the news we would be having twins. She took the time to explain twin birth protocol, how I would need to be seen by an OB since twin births are high risk, gave referrals, and really took the time to go over everything when we were clearly in shock. Birgitte was also really helpful that day since she had had her twins naturally and had some referrals for dr's as well. Even after my care ended with Beach Cities, BJ called and emailed to see how I was doing and how things were going. Having now been through the OB and high risk process, you aren't going to find a care provider who extends them self that far for a patient. I have no doubt. Also, All the medical providers we encountered have had nothing but the best opinion of BJ and Beach Cities. I think that speaks volumes of Beach Cities.

Bottom line: wonderful personable care, true passion for women's healthcare, and the only thing I'm sad about is that IF someday we do decide to have another child (would not happen

for a very long time) that I wouldn't be able to have a vbac/hbac with Beach cities. I think that needs to change!